The Drugs Wheel

[Club Drugs Wheel • Display poster version 1.0.3 NPS • AU • 13/09/2018]

Outer ring: Effects by category
Middle ring: Traditional psychoactive substances
Inner ring: Newer psychoactive substances

Stimulants:
- Racing heartbeat, sweating, energy
- Confidence, well-being, euphoria
- Lowered appetite, clenched jaws
- Dilated pupils, paranoia, anxiety
- Mood swings, arousal, impotence
- Risk of dehydration/overhydration

Empathogens:
- Belonging, understanding, energy
- Sexual arousal, serotonin syndrome
- Sweat, warmth, overheating

Psychedelics:
- Loss of control, heightened senses
- Opening doors of perception, panic
- Mood swings, sexual arousal, fear
- Vomiting, mental health harms
- Euphoric, floaty, relaxed, happy
- Pain-free, numb, protected, safe

Depressants:
- Calm, relaxed, chilled out
- Relaxation, relaxation, relaxation
- Changes of perception, altered reality
- Bloodshot eyes, loss of memory

Opioids:
- Confident, pain-free, safe, sleepy
- Warm, stop breathing
- Unconsciousness, dependence
- Overdose, death

Alcohol:
- Confident, risk-taking, death
- Unconsciousness, dependence
- Overdose, death

Cannabis:
- Calm, relaxed, chilled out
- anxiety, pain reduction
- visual or auditory hallucinations

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