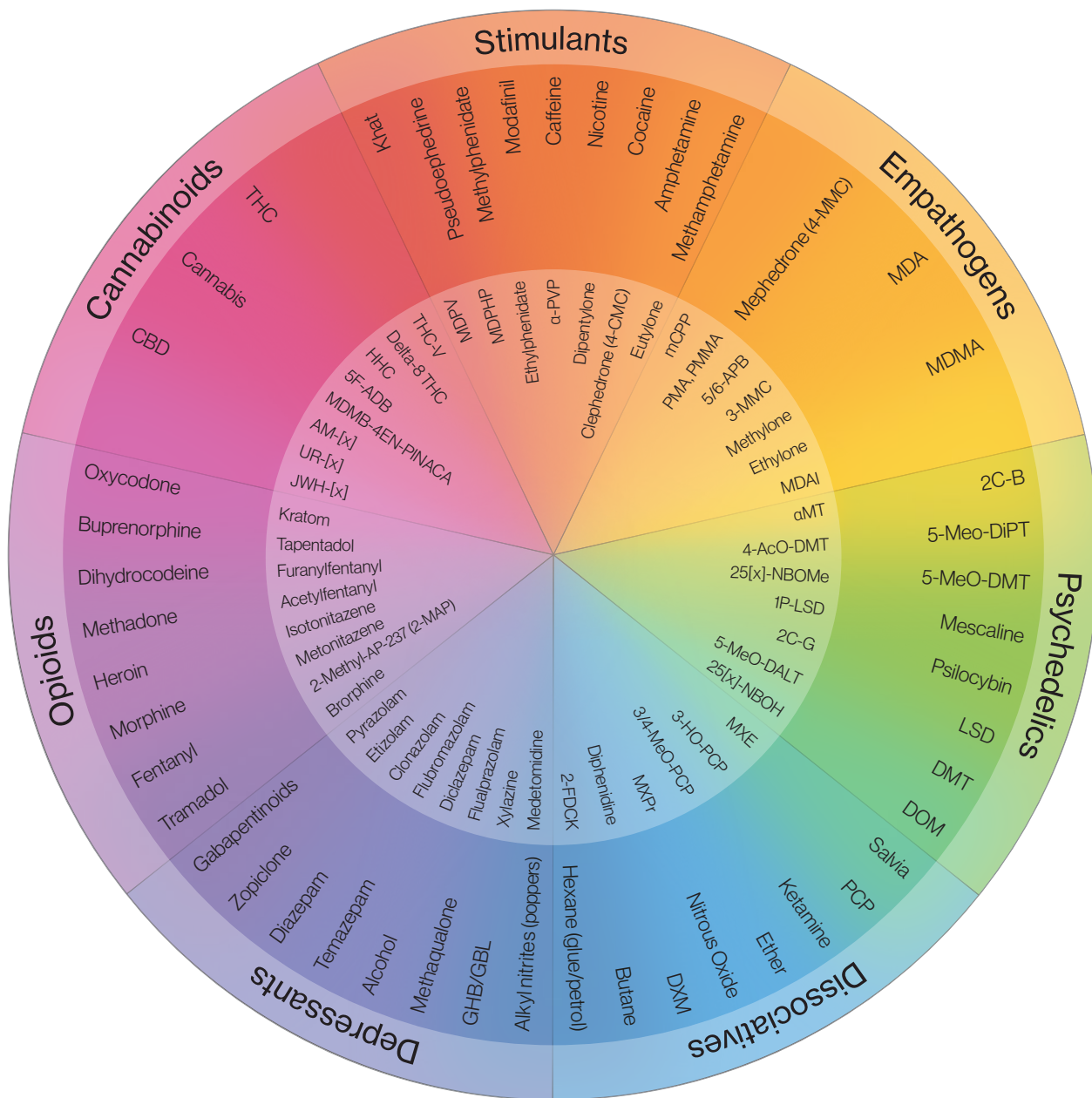


The Drugs Wheel



Outer ring

Established substances

Inner ring

Newer psychoactive substances

Stimulants	Empathogens	Psychedelics	Dissociatives	Depressants	Opioids	Cannabinoids
Racing heartbeat, sweating, energy, confidence, euphoria, impotence, lowered appetite, clenched jaws, dilated pupils, paranoia, anxiety, heart attack, seizure	Belonging, arousal, understanding, sweating, euphoria, warmth, erectile dysfunction, serotonin syndrome, overheating, risk of dehydration or overhydration	Visual disturbance, spiritual connection, loss of control, heightened senses, opened doors of perception, panic, mood swings, arousal, fear, vomiting, mental health harms	Euphoria, numb, safe, pain-free, floaty, relaxed, protected, unaware, in a 'hole', perceptual disturbances, feeling scared, disconnected, vulnerable, unconscious	Relaxed, confident, care-free, euphoria, risk-taking, vomiting, disinhibited behaviours, unconscious, coma, aggression, blackouts, dependence, withdrawal	Confident, numb, warm, pain-free, safe, sleepy, euphoria, feel invincible, sweating, itchy, constricted pupils, vomiting, stop breathing, dependence, withdrawal	Calm, relaxed, floaty chilled out, increased sensuality, reduced pain, changes to appetite, dry mouth, overexcited, bloodshot eyes, anxiety, memory loss, paranoia.

UK version 2.1.0 [14/10/2026]

Not to be used for commercial purposes, visit www.thedrugswheel.com for licencing details



The Drugs Wheel by Mark Adley, Guy Jones & Michael Linnell is licensed under a Creative Commons Attribution-NonCommercial-ShareAlike 4.0 Unported License. Permissions beyond the scope of this license may be available via the contact page at thedrugswheel.com

Designed in collaboration with UK & Ireland DrugWatch: an informal association of charities, organisations and individuals who share an interest in establishing a robust early warning system in the UK for all types of drugs.

